**Evidence of competence in taking calculated risks**

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| **1** The best example. |  |
| **2** Context: brief details of the circumstances. |  |
| **3** The nature of the risk involved; the factors that needed to be weighed inthe balance.  |  |
| **4** Level of responsibility onthis occasion. The scale and scope of the issue. |  |
| **5** Personal contribution: what I did. |  |
| **6** Who else was involved onthis occasion – and what they did. How I involved or worked with others.  |  |
| **7** What I did to manage thepressure and stress for myself and others.  |  |
| **8** The outcomes of myactions or involvement.  |  |
| **9** What worked well on thisoccasion? |   |
| **10** What lessons did I learnfrom this occasion? |  |
| **11** What would I do differently on another occasion? |  |
| **12** How typical is this example of my life or work experience?  |  |
| **13** Brief details of a recent (or second) example. |  |
| **14** Brief details of a third, preferably contrasting, example. |  |
| **15** How could this competence be applied to other situations? |  |
| **16** How do I measure my success for this competence? |  |